



# Ice Rink

## WINTER 2012

### JANUARY - MARCH

**Facilities Coordinator:** **Jessica Barsky** [jbarsky@winnipegwinterclub.com](mailto:jbarsky@winnipegwinterclub.com) or call ext. 114

**Coaches:** Laurie Reade, Sarah Low Ying, Debbie Synkiw & Rosalyn Graboweski

#### **WWC SKATING PROGRAMS**

##### **PARENT & TOT LEARN TO SKATE**

This program is designed for young skaters not ready to skate alone. Parents assist the child in the orientation to the ice surface and the introduction of basic skating skills through fun activities including toys, songs and games. Parents must have a competent skating ability and be present on the ice to assist their child for the class' duration. Please, only one parent or guardian per child. *Parents must be wearing skates and a helmet while participating on the ice.*

When: Mondays 5:15-6:00 pm  
Session: January 9th-March 19th, 2012  
**No Class on February 20th, 2012**  
Cost: \$120 (10 classes)

When: Saturdays 9:45-10:30 am  
Session: January 7th-March 17th, 2012  
**No Class on February 18th, 2012**  
Cost: \$120 (10 classes)

##### **LEARN TO SKATE "Future Skating Stars"**

Learn to skate is designed for beginners of all ages. When you sign-up for Learn to Skate you will be in a program that focuses on fun, participation and basic skill development. Lessons are given in a group format. Skaters are assessed the first session and placed into their appropriate group. As skaters progress they will move into the next level group. Coaches make sessions active using teaching aids, music and a wide variety of activities that create a fun environment and promote learning. Skaters must wear proper skating attire and a helmet is required.

When: Mondays 5:15- 6:00 pm  
Session: January 9th-March 19th, 2012  
**No Class on February 20th, 2012**  
Cost: \$120 (10 classes)

When: Saturdays 9:45 - 10:30 a.m.  
Session: January 7th-March 17th, 2012  
**No Class on February 18th, 2012**  
Cost: \$120 (10 classes)

##### **INTRO TO FIGURE SKATING**

Skaters will learn how to do basic jumps, spins and dances. Prerequisite: Must be able to skate forwards and backwards with ease.

When: Mondays 5:15 - 6:00 pm  
Session: January 9th-March 19th, 2012  
**No Class on February 20th, 2012**  
Cost: \$120 (10 classes)

When: Saturdays 9:45-10:30 am  
Session: January 7th-March 17th, 2012  
**No Class on February 18th, 2012**  
Cost: \$120 (10 classes)

##### **POWER SKATING**

To become a complete hockey player, skating is the name of the game! Speed, balance, lateral movements, agility, quick turns, backward skills, proper cross-cuts, explosive starts, fast stops, and deeks will have you playing like a pro in no time.

Prerequisite: Participants must be 6 years old as of Dec 31, 2011. Skaters must possess the ability to move about on the ice for the entire session without assistance at a reasonable speed.

When: Mondays 5:15-6:00 pm  
Session: January 9th-March 19th, 2012  
**No Class on February 20th, 2012**  
Cost: \$120 (10 classes)

##### **PRIVATE AND SEMI-PRIVATE LESSONS**

Interested skaters should contact Jessica to check availability and to arrange lessons. Group lessons can be organized when there are 3 or more skaters at similar skill levels. Skaters must wear proper skating attire and some skaters will be required to wear a helmet.

Ice Times: Tuesdays 3:30 -6:30 pm  
Thursdays 3:30 -6:15 pm  
Saturdays 7:00 -9:45 am

##### **STARSKATE**

Skaters have the opportunity to take Skate Canada Tests through a nationally standardized testing system. Interested skaters should contact Jessica to check availability and to arrange lessons.

*Please Note: Some times may vary.*

##### **\*LESSON CANCELLATION POLICY**

Must be cancelled 24 hours in advance or client will be charged full session rate. Please phone if you have to cancel, exceptions can be made.

##### **PRIVATE SKATING INSTRUCTORS:**

###### **Laurie Reade**

Available Tuesday, Thursdays and Saturdays

###### **Debbie Synkiw**

Available Tuesdays and Thursdays

###### **Sarah Low-Ying**

Available Tuesday, Thursdays and Saturdays

###### **Rosalyn Graboweski**

Available Tuesdays and Thursdays

## **MEMBER HOCKEY**

Member hockey is for adult members over the age of 18 who want to play a great game of pick-up hockey.

When: Mondays 8:00-9:30 pm  
Thursdays 7:45-9:30 pm  
Saturdays 3:00-4:45 pm  
Sundays: 3:30- 4:30 pm

**NOTE:** Due to special events dates subject to change.

**Full equipment is required.** No need to register in advance.

Just show-up ready to play!

Member hockey is offered four times a week: Monday, Thursday, Saturday & Sunday. Please check Member Hockey times on our skating schedule at [www.winnipegwinterclub.com](http://www.winnipegwinterclub.com)

When: Mondays 8:00-9:30 pm  
Thursdays 7:45-9:30 pm.

Cost: **FREE**

**NOTE:** Due to special events dates subject to change.

Notices for member hockey are sent the day of, if you would like a member hockey reminder please let Jessica know and you will be added to the email list.

## **Member Hockey Tournament**

This fun annual event is for all members who love to play hockey and compete for the WWC Hockey Trophy. This event that runs from Thursday through Saturday has many fun on ice and off ice activities. All registrations are made into 4 teams who play in a round robin tournament and 2 playoff rounds.

The event takes place from February 2nd-4th, 2012 with registrations beginning early January.

## **GENERAL SKATE**

General skate times are set aside for the enjoyment of members. Come on out and enjoy a spin around the ice with friends and family. There are no sticks or pucks allowed on the ice during the general skate times and children under the age of 7 must be supervised by an adult. Helmets are strongly recommended for children under the age of 10.

When: Saturdays 2:00-2:45 pm  
Sundays 2:30-3:15 pm

Cost: **FREE**

\*schedule is subject to change.

\*Please check website for weekly ice updates.

## **GENERAL HOCKEY**

General hockey times are set aside for the enjoyment of members. Sticks and pucks are welcome. **Helmets are required** for children 12 years of age and younger and recommended for all. Children under the age of 7 must be supervised by an adult.

When: Saturdays 1:15-2:00 pm  
Sundays 1:45-2:30 pm

Cost: **FREE**

\*schedule is subject to change.

\*Please check website for weekly ice updates.

**Please note:** Members are welcome to come out and skate any time there are no rentals or programs scheduled.

