

WINNIPEG WINTER CLUB

VOLUME 3, ISSUE 5 MAY 2009

MESSAGE FROM THE GENERAL MANAGER



Members belong to a Club because they want a high-quality, personalized environment for themselves and their families. They desire a place that they can associate with fellow members and guests for meaningful interactions. Participation, driven by social activities and quality programming is the foundation for relationship building. That was fully on display at your Club on Saturday, April 25th during our 3rd annual Bru Ha Ha.

Chef Craig Guenther and his team displayed their culinary talents providing the crowd of

just fewer than 100 with a delightful meal that was appropriately and abundantly paired with the products from Molson Canada, Sleeman Breweries Ltd, and Half Pints Brewing Company. Inducted that evening onto the “Wall of Fame”, a celebration of athletes of the WWC from yesterday and today - Sean LaCap in Tennis, Anil Kaul in Badminton, Don Raleigh in Hockey and Rupert Whitehead in Figure Skating. It was a memorable night for all in attendance and once again a night where the sense of community was very evident. The pictures of these great athletes are all on display in the Ice Café for not only your viewing pleasure but also to

inspire. These great athletes have accomplished their goals in their sport, knowing that it is easier to go down a hill than up, but the view is best from the top!!!

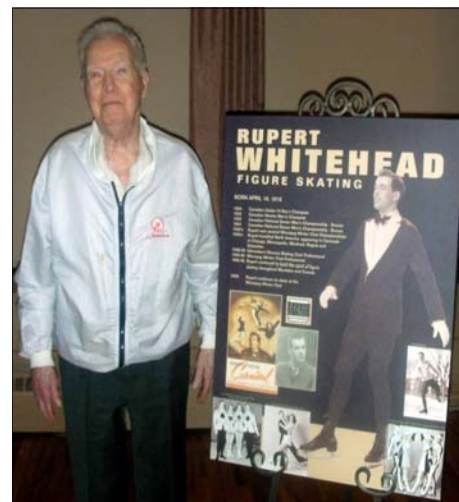
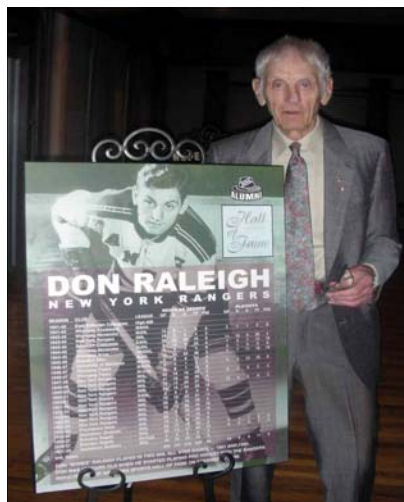
Notes from my desk:

- Mothers Day Brunch Sunday, May 10th
- WWC open May Long Saturday – Monday 8:00 a.m. – 4:00 p.m.
- Cooking with Craig – Summer BBQ Tuesday, June 9th

*Cheers,
Rob Guthrie*

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BADMINTON



The Manitoba Closed Badminton was held at the Club the weekend of April 16 - 19 and Winter Club players did well in many events. The results are as follows:

'A'

David Snider: Winner Men's Singles

Ryan Giesbrecht: Runner-Up Men's Singles

Kristy Beetam: Runner-Up Women's Singles, Winner Women's Doubles and mixed

Doubles (Jordan Beetam).

Jordan Beetam: Winner Men's Doubles

Andrew Harrison & Alexandra Dansen: Runner-Up Mixed Doubles

'B'

Kyle Grymonpre: Winner Men's Singles

Ian Laidlaw: Runner-Up Men's Singles and Winner Men's Doubles

Curtis Granger: Runner-Up Men's Singles and Mixed Doubles

'C'

Terri Unilowsky: Runner-Up Women's Doubles

Congratulations to all the players for a job well done.

VOLUNTEER OF THE YEAR AWARD

Janet Harrison was awarded the "Connie Blamey distinguished service award" at the Annual Badminton Manitoba Banquet held on Saturday, April 18. The award was in recognition of her many years of volunteer work with Badminton Manitoba. Besides being on the board for many years chairing the Junior

and Tournament committees, she also successfully co-chaired two Junior National Championships. Congratulations Janet on this well deserving award.

SECTION WIND-UP AND CLUB CHAMPIONSHIP

Wednesday, May 13, 7:30 p.m.

Program:

Badminton, Honor Bar, Snacks and Prizes

Pal Chawla
Badminton Pro
452-3311 ext: 118
pchawla@winnipegwinterclub.com

TENNIS



PROGRAMS, LEAGUES, CLINICS HAVE RESTARTED

Please note that the spring session runs for 10 weeks and ends the second week of June. There are a few spots open in the junior programs (consult the guide). Drop me a line if you are still interested in signing up and I will let you know what is still available.

OUTDOOR COURTS

By the time you read this, some if not all of the outdoor nets will be up. Please check with the front desk to see if there are available courts for casual play on the day you want to go, as there will be a few after school programs that will be using them.

SUMMER TOURNAMENTS

There are many upcoming

tournaments for juniors, seniors, and adults in the province. Full list of tournaments is available at www.tennismanitoba.com

CAMPS

Registration is available on the website for the upcoming Tri-Camps. I am planning to have some Tennis camps as well, details will follow in the upcoming weeks. Please read

the weekly WWC member email to find out! Not on the email list? Let the reception staff know and they will gladly put you on it!

Peter Otto
Tennis Pro
452-3311 ext. 108
potto@winnipegwinterclub.com

SQUASH



SPRING PROGRAMS

The spring session of our junior squash programs will be starting up for a 6 week period the week of May 4th. All of our junior programs will be offered again as they were in the winter session; however, some of the times may have changed so be sure to check the online program guide for details.

The adult House League and Techno League will continue to run throughout May. If you would like to participate in either of the leagues, please let Trevor know and he will help

get you going.

Our novice night squash will continue to run on Wednesday evenings from 6:30 - 7:15 p.m.

CAMPS

In the summer we will be offering 3 weeks of Tri-Racquet Camps. These camps are a great way to introduce your child to all of the racquet sports here at the Club. Each day kids will participate in 1.5 hours of Squash, Tennis and Badminton. The camp also includes their lunch, as well as other activities such as swimming and bowling. If you would like to register your child or have any further questions about the camps, please feel free to contact

Trevor or our other pro's, Pal Chawla (Badminton) or Peter Otto (Tennis).

If you are looking for a camp that is not a full day one, we will be offering a morning camp of squash and tennis during the second week of July from the 13th to the 17th. Please contact Trevor for more details.

2009 CANADIAN SQUASH CHAMPIONSHIPS

Congratulations to the following who competed April 29 - May 2 in Calgary:

Nichole Mailey: 2nd in the Women's A Open
Rachel Hinton: 1st Women's A Silver Plate

Former member *Carolyn Russell:* 4th in the Women's Open Unfortunately due to injury *Alana Miller* was unable to participate in this year's event.
Brenda Cleverly: 2nd in the Women's 50+ Silver Plate
David Glass: Made it to the Men's Round of 16.
Trevor Borland: 2nd in the Men's 30+

2009 Junior Nationals were held the week before and *Alix Younge* received bronze in the U17 Girls event

Trevor Borland
Squash Pro
452-3311 ext: 105
tborland@winnipegwinterclub.com

FITNESS & AQUATICS



Spring has sprung... and there is no better time than now to dust off the old bike and outdoor running shoes and get active!

POOL SCHEDULE

The New weekly schedule for the pool is complete.

The Schedule can be found on the WWC website and at the front desk. It is still always best to check with the front desk first in case of special event bookings.

MONDAY ENDURANCE CLASS

The Monday evening endurance class has been changed to better meet member demands. The class will now take place from 6:30 - 7:00 p.m. Mondays and operate at a rate of \$10 per drop-in.

FITNESS CLASS DROP-INS

The Following classes will continue to operate with the option of drop-ins for \$12.50 per class:

-Zumba on Mondays & Thursdays

-Active Flow Yoga on Fridays

-Beginner Fusion Pilates on Tuesday.

-Yogalates on Thursday.

-Stretch Class on Mondays & Fridays for just \$5!

COOKING WITH CRAIG SUMMER BBQ!

Yes it is that time of year again for the incredible BBQ edition of Cooking With Craig. Be sure to get your tickets early as this event has sold out every year thus far!

Watch for posters and registration in early May.

Be sure to watch for Fitness Summer Pass details coming soon!

Hope everyone enjoys these beautiful Spring days.

Take Care of yourselves and those you love and care about,

*Jeff Mitchell
Fitness & Aquatics Director
452-3311 ext. 123
jmitchell@winnipegwinterclub.com*

URBAN PRAIRIE CUISINE

There's so much to look forward to and we hope to see all of you at one of these great events!

Thanks to everyone who came out and made this the best Bru Ha Ha so far!

Friday Nights at the "Wint" are going great and there's not many left, come see us soon.

MOTHERS DAY BRUNCH

Sunday, May 10

Two sittings: 10:30 and 12:30

DELI

See our deli & take out menu at www.urbanprairiecuisine.com go to our menus and then go to

the deli section. This menu is great for the lake or home and it all goes towards using your spring assessment!

Remember, all events go towards your spring 2009 assessments!

*Chef Craig
Urban Prairie Cuisine
452-3311 ext. 144
chefcraig@themarket520.com*



RECREATION



CAMP!

Summer is on its way and we are ready for the most exciting one yet!

We have six weeks of fun planned. Starting July 6th we will be off to the zoo, Imax, Tinker Town, The Children's Museum and a day at the pool. We will even be rolling out our own red carpet for Movie Day! Make sure your child gets to enjoy the fun in the sun and all the great events. Cannot commit to all six weeks?

You can pick and choose just the weeks you would like.

Week 1 July 6 - 10

Week 2 July 13 - 17

Week 3 July 20 - 24

Week 4 July 27 - 31

Week 5 August 3 - 7

Week 6 August 10 - 14

Check out the website for full schedule details. Registration deadline is June 26th.

BIRTHDAYS

Have a birthday or wind-up coming up! Keep the WWC in mind for your special day. We will plan the party of your dreams. Contact me to check availability.

*Jessica Barsky
Recreation Supervisor
452-3311
jbarsky@winnipegwinterclub.com*

MEMBERSHIP



BBQ season is just around the corner and it's time to dust off the grill. You will not want to miss the Roof Top BBQ Cooking Class with Chef Craig, Tuesday, June 9th. Space is limited and this class will sell out so make your reservations early!

This month we are starting a "Corporate Membership Drive" and would like your help. If you own or are employed by a company with four or more employees I would like to

discuss with you the benefits of this program. Our goal is to have eight new company corporate memberships in place and ready to start by September.

May 11th through 17th is bring a friend week. To have the guest fee waived, email or call me directly. This is a great way to showcase your Club to friends, family and business associates.

Janet Thorpe
Membership Director
452-3311 ext. 141
952-2247 bus. Cell
jthorpe@winnipegwinterclub.com

WELCOME NEW MEMBERS

Serge Aimola
Lea Chowdhury
Roger & Gail Langlais
(Janelle, Bree, & Britney)
Wayne & Coleen Deslauriers
(Kris & Chantal)
Brad & Leslie Goerzen
(Riley & Zachary)

SKATING



Congratulations to Nicola Odaisky who placed 1st in the Pre-Preliminary

Ladies Elements and Pre-Preliminary Ladies Free skate on Saturday, May 2 at the Highlander Spring Competition that took place at Eric Coy Arena.

May hours for Skating Lessons: Thursday, May 7 & 14: 3:45 - 7:30 p.m.

Thursday, May 21 & 28: 3:45 - 5:00 p.m.

We shut down for annual maintenance June 1 and re-open June 28.

Summer Skating Lesson Hours: Tuesdays and Thursdays: 3:30 - 5:15 p.m.

May Member Hockey Hours: Monday, May 4, 11 & 25: 8:00 - 9:30 p.m.

Thursday, May 7, 14, 21 & 28 7:45 - 9:30 p.m.

Saturday, May 2 & 9: 3:00 - 4:45

Sunday, May 3 & 10: 3:00 - 4:00

July and August Member Hockey: Tuesdays and Thursdays: 8:00 - 9:30 p.m.

A very special thank you to Jessica Barsky who made a cake for Rupert's 99th Birthday that took place on Sunday, April 19.

Carmina Bellisario
Facilities Coordinator
452-3311 ext: 114
cbellisario@winnipegwinterclub.com



MASSAGEWORKS

Therapeutic or relaxation massage is a natural approach to treat an injury by increasing circulation and decreasing inflammation or swelling or simply to reduce stress and anxiety.

MassageWorks' philosophy is client-centred; which, helps

work with you towards your goals.

Mother's Day is coming up on May 10. MassageWorks gift certificates are available in 30, 45 and 60min denominations. They can be purchased through the front desk.

Larisa:

Monday: 9:00 - 3:00
Tuesday: 9:00 - 3:00
Wednesday: 9:00 - 3:00
Thursday: 1:00 - 5:00
Friday: 9:00 - 3:00

John:

Monday: 3:00 - 9:00
Wednesday: 3:00 - 9:00
Thursday: 9:00 - 3:00
Saturday: 9:00 - 4:00

Call today for an appointment!

Stay Well,
Larisa Waters, RMT