

# WINNIPEG WINTER CLUB

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## MESSAGE FROM THE GENERAL MANAGER



One of the many benefits of membership at the Winnipeg Winter Club is

the ability to access up to 30 Reciprocal Clubs that we are affiliated with around the world. The affiliation with these Clubs comes about due to recommendations from WWC members who have visited these Clubs as well as being approached by a Club looking to expand its reciprocal club list for their members.

A list of our Reciprocal Clubs can be found on our website where you will find a link to many of these Clubs. Club information and details of what the Club offers are available as well as email addresses. Most of the Clubs do require a letter of

introduction prior to your arrival and that can easily be obtained by contacting Janet Thorpe our Member Director. Take advantage of this great benefit of membership when traveling or visiting other cities around the world!

We recently completed a 5 week tracking of our Tennis Court usage during our peak season in March 2009. Involved in this study was a comparison of usage of our courts with no court or user fee versus other Clubs that charge a membership fee and a court usage fee. Of the members that were tracked our findings indicate that on average these members would be paying \$194-\$427 more a month to belong to another Tennis Club that charges a membership fee and a court

usage fee. And this particular Club only has tennis! Don't be swayed by the membership fee alone when doing price comparisons, bring all the other costs into the scope for a proper comparison.

Notes from my desk

- A huge thank you to Jonathan Schmidt who graciously donated a TV to the Junior Lounge area. All the junior members thank you for your generosity!
- A reminder that the weekend hours of operation are 8:00 a.m. - 4:00 p.m. through the September long weekend. Your cooperation in exiting

the facility by 4:00 is greatly appreciated.

- If you do not receive our weekly member emails you may be missing some valuable information pertaining to the ongoing events at your Club. Call the front desk today to add your address to our list!

*Cheers,  
Rob Guthrie*

## MEMBERSHIP



Wow, only six more weeks till the kids are back in

school! I hope you're all having a wonderful stress-free summer and enjoying time with friends and family.

Our Fall Program Guide is now online so check out the new programs and activities that are being offered this fall.

A big thank you goes out to Brian Harack and

Grant Stefanson for your new member referrals. Member referrals keep your Club growing stronger each and every month.

If you would like to introduce someone new to the Club during August please email or call me directly to have the guest fees waived.

*Janet Thorpe  
Membership Director  
452-3311 ext. 141  
952-2247 bus. Cell  
[jthorpe@winnipegwinterclub.com](mailto:jthorpe@winnipegwinterclub.com)*

### WELCOME NEW MEMBERS

Trevor and Misa Tennant (Annika)  
Robert Gare & Jennifer Thomas  
(Jameel & Pearce)  
Amanda Stevens  
Linda Parenty

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## TENNIS



### UPCOMING TOURNAMENTS (STILL MANY TO CHOOSE FROM!)

Enter or come out and support the many tournaments still running all the way through August and September! These include the Rogers Rookie tour events, Open tournaments and Senior tournaments. Entry forms are available online at

[www.tennismanitoba.com](http://www.tennismanitoba.com) under the tournament banner or outside the tennis office when they become available.

### INDOOR COURTS HAVE BEEN POWER WASHED!

The courts were booked off at the end of July. They had not been power washed in a number of years. The result is a cleaner and fresher feeling.

Thank you to all members for your patience during the indoor court closure.

### JUNIORS GOING TO PEI!

Canada Summer Games are in Charlestown. Follow our progress through the tennis Manitoba website!

### FALL PROGRAM GUIDE

Available on the Winter Club website. Fill out your registrations early! It is shaping up to be another busy winter on the courts!

Peter Otto  
Tennis Pro  
452-3311 ext. 108  
[potto@winnipegwinterclub.com](mailto:potto@winnipegwinterclub.com)

## URBAN PRAIRIE CUISINE

### ICE CAFÉ

The Ice café will remain on summer hours, Monday to Friday 8:00 a.m. to 4:00 p.m., until after the September long weekend.

Come visit us in September to try the new menu items!

### SPORTSMAN'S LOUNGE & BISTRO

We resume regular service in September, watch for opening dates. We are looking forward to seeing everyone soon.

### CATERING

The banquet areas have a beautiful new look with the

change to new chairs! Right in your own Club are fantastic banquet facilities, with a beautiful room, outstanding food and excellent service. We will be happy to plan your business meeting, family gathering, or other event. Please contact Frank to book a room at [fdesmarais@winnipegwinterclub.com](mailto:fdesmarais@winnipegwinterclub.com)

There has never been a better time to be at The Wint.

Urban Prairie Cuisine  
200 River Ave.  
Elsie Guenther  
[chefcraig@urbanprairiecuisine.com](mailto:chefcraig@urbanprairiecuisine.com)  
PH: 489-7480 Deli  
FAX: 489-9130  
"We Cater all events"  
[www.urbanprairiecuisine.com](http://www.urbanprairiecuisine.com)

## MASSAGEWORKS

Summer's winding down and pretty soon we'll all have to close up the cabins for the year, put those flip flops away and get ready for the kids' upcoming school year. Instead of waiting for the stress of back to school time, take some time for yourselves and de-stress before

braving the shopping aisles.

And for those of you with the green thumb who are still plugging away, don't ignore those aches and pains. Take a trip down to the Winter Club for a massage and so you can better prepare your garden for the next season.

Trouble with the golf swing? Larisa and John would be happy to get you up to par with a massage that will keep you loose for those long hours on the back nine.

Just a reminder, John will be away on holidays from August 22 - 31. Also, his new hours

will begin on August 3. Wednesdays 1:00-5:00 and Thursday 9:00-1:00. He will be picking up hours at the Pembina location so please feel free to book with him at either location!

Larisa Waters & John Laganse, RMT

## SKATING



### FALL PROGRAMMING

All programs start September 28,

register early to secure your spot. You may register by fax or drop off your form at the front desk. You may also call or email me to register as well.

### MEMBER HOCKEY

Member Hockey is still offered on Tuesdays and Thursdays from 8:00 - 9:30 p.m. for the month

of August. We resume our four day schedule after the September long weekend.

Not on the hockey email reminder list, email me or have the front desk pass on the message to me to include you in our "member hockey day" reminder. Email is sent out to remind you that hockey is on for the night and who will be your goalies for the evening.

### SKATING LESSONS

Summer skating lessons end August 13<sup>th</sup>. We start up again September 1<sup>st</sup>. We have an amazing staff to teach you the basics or to get you ready for competition and/or testing. Please call me to check availability with Terri Studholme, Debbie Synkiw, Sarah Low Ying or Laurie Reade.

Reminder to please check the online schedule for open ice slots, as you are able to come down and skate whenever there is a blank on the schedule.

Carmina Bellisario  
Facilities Coordinator  
452-3311 ext: 114  
[cbellisario@winnipegwinterclub.com](mailto:cbellisario@winnipegwinterclub.com)

## FITNESS & AQUATICS



### NEW EQUIPMENT FOR THE FITNESS CENTER!!!

We are pleased to announce the arrival of our new cardiovascular training equipment to The Winnipeg Winter Club!

The Club now has 6 new pieces of cardio equipment that will make an incredible addition to the club. Included in the equipment purchases are, Two Treadmills, Two Upright Cycles

and Two Elliptical Trainers!

Stop by anytime to try out the new equipment and new gym set up designed to give you more options and more space. Enjoy!

### AQUAFIT IS BACK!

Aquafit classes have returned to the club with classes beginning again on Wednesday, August 5<sup>th</sup>. Classes will run from 9:00 - 10 a.m. on the following days during the month, the 5<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup>, 18<sup>th</sup>, 19<sup>th</sup>, 20<sup>th</sup>, 24<sup>th</sup> and 26<sup>th</sup> of the month.

### SUMMER SWIMMING LESSONS

Swimming Lessons will run throughout the month of August with lessons taking place on Tuesdays and Thursdays between 4:30 - 6:30 p.m. with spots filling up fast. Contact Jeff soon to guarantee yourself a spot.

### SUMMER IS HALF DONE BUT STILL TIME FOR FUN!

Even though the summer may be half way over there is still lots we can all do out and about to

keep active and have fun. Bike rides with the family or just a hike can be a beautiful way to spend a sunny day.

Enjoy the rest of your summer and please remember to,

*Take Care of yourselves and those you love and care about,*

*Jeff Mitchell*

*Fitness & Aquatics Director*

*452-3311 ext. 123*

[jmitchell@winnipegwinterclub.com](mailto:jmitchell@winnipegwinterclub.com)



## SQUASH



### FALL PROGRAMS

The fall programming is available on the website at

[www.winnipegwinterclub.com](http://www.winnipegwinterclub.com)

This year for the juniors we have added on to our competitive groups by adding in a competitive C program. This program is set up for those approximately 9 years of age and older who have come through our munchkin program and are wanting to play more than one time per week. We are again offering our teen program on Wednesday nights

for those approximately 13-17 who are looking to come out and have some fun at squash. We offer munchkin squash twice per week and have our intermediate group on Sundays.

As for the adults we are going to be offering weekly training for our competitive players, as well as having a number of drill session clinics for our "C - E" level players. You will see them offered in October and November on Tuesdays evenings in our new program guide.

Our most popular league, the Monday Night House League

will be back on Monday nights starting in September. The Novice and Techno league are back as well. If you have any questions after reading the program guide, please call Trevor at ext. 105.

### NOVICE NIGHT (SUMMERTIME)

Our Novice Night has been running on Wednesday nights with a good crew each week. If you are interested in learning to play or want to get back in to it, or just simply want a few games to play then give it a try. It runs 6:30 - 7:15 p.m. on

Wednesdays. There will be no novice night on Wednesday, August 12<sup>th</sup>.

### SUMMER CAMPS

We have one more week of our Tri-Racquet Sports Camps left to go, with some room still available. Kids will take part in all three of our racquet sports including Squash, Tennis and Badminton. Check the website for more information or for a registration form.

*Trevor Borland*

*Squash Pro*

*452-3311 ext: 105*

[tborland@winnipegwinterclub.com](mailto:tborland@winnipegwinterclub.com)

## BADMINTON



### BADMINTON PROGRAMS REGISTRATION

A busy fall season of badminton activities is planned with the programs officially getting underway the week of September 24<sup>th</sup>, except the Wednesday evening mixed and competitive group that run continuously all through the year.

Complete program information is now available on the Winter Club website. Its suggested that you look over the information and register early as this will help us in organizing the sessions more efficiently.

### NATIONAL BADMINTON CHAMPIONSHIP

We are pleased to announce that the Winnipeg Winter Club will be host to the Canadian National Badminton Championship January 28 - 31, 2010. It should be a very exciting time with all the top men and women players from across Canada participating in this event.

Tracy Cartwright and Lindsay Laidlaw have agreed to co-chair this event. We will soon be looking for volunteers to sit on the committee to help out in different areas. So if you are able to give us a hand please call Pal at 269 - 6569,

Tracy at 797-8484 or Lindsay at 479 - 3591

### UPCOMING SUMMER CAMPS Tri-Racquet Camp

**When:** August 24 - 29

**Time:** 8:30 a.m. - 3:30 p.m.

*Drop-off between*  
8:00 - 8:30 a.m.

*Pick-up between*  
3:30 - 4:00 p.m.

**Ages:** 8 - 16

Program includes 1.5 hours of Badminton, Squash and Tennis

**Cost:** \$160 + GST (members)  
\$210 + GST (non-members)

*Price includes lunch.*

**To Register:** Call 452-3311

**Deadline:** Wednesday, August 19.

### Competitive Badminton Camp

(for advanced players)

**When:** August 31 - September 4.

**Time:** 4:30 - 7:30 p.m.

**Cost:** \$75 + GST (members)

\$100 + GST (non-members)

Cost of shuttles extra

**To register:** Call 452-3311

**Deadline:** Wednesday, August 26.

*Pal Chawla  
Badminton Pro  
452-3311 ext: 118*

[pchawla@winnipegwinterclub.com](mailto:pchawla@winnipegwinterclub.com)

## RECREATION



### JUNIOR LOUNGE & BABYSITTING SUMMER HOURS

The Junior Lounge after-school program is closed for the summer season. We will re-open on September 8<sup>th</sup>.

Babysitting hours for summer are as follows:

#### Monday-Friday

9:00 am- 12:00 pm

#### Saturday & Sunday

Closed

### PARTY BOOKINGS

The weekends are filling up fast. Make sure your munchkin isn't missing out on the party of their dreams and book today! We will plan the perfect party with tons of fun activities such as swimming, badminton, skating, bowling, scavenger hunts and so much more! Contact me to book your date.

### JUNIOR SUMMER CAMP

Summer Camp started and it's been so much fun! There are 3 more weeks and we are still

accepting late registrants! Please contact me to get your child involved.

### MUNCHKIN MANIA

Our popular Munchkin night will return Friday, September 11. Check out the posters hanging around the Club for the theme listings.

### FALL PROGRAMMING

Keep your eyes open for the fall program guide so you can check out all the new exciting activities to get involved in such as Movie

Night, Teen Cooking, and Cake Decorating.

*Jessica Barsky  
Recreation Supervisor  
452-3311*

[jbarsky@winnipegwinterclub.com](mailto:jbarsky@winnipegwinterclub.com)

