

# WINNIPEG WINTER CLUB

VOLUME 3, ISSUE 4 APRIL 2010

## MESSAGE FROM THE GENERAL MANAGER



This month's issue of the newsletter, I want to place the spotlight on

three very important activities that will be happening over the next few months at and around the Winnipeg Winter Club. The events, all different in nature, are just a brief snap shot of what happens at your Club on a daily basis and exemplify the special quality of the Winnipeg Winter Club.

The first event takes place everyday this year, the *Power of One Challenge*. With so many different and diverse activities going on at the WWC the challenge is in your hands to try something new. We challenge you to try *ONE* new sport, take *ONE* lesson or training session, come to *ONE* social event you have never attended, and lastly, to refer *ONE* person to the Winnipeg Winter Club. Any member who refers *ONE* potential member will be entered for our *Power of One* Grand Prize, a *ONE Thousand Dollar Certificate* redeemable for services of your choice at the Club. If your referral becomes a

member of the WWC you will receive *ONE Hundred Dollars* redeemable for services at the WWC. The Grand Prize draw will take place at our new event on June 17<sup>th</sup>, the Summer Sizzler, an outdoor BBQ! Are you the *ONE* who can make a difference?

The second event is one of our annual "can't miss" events on the social calendar, the *Bru Ha Ha* dinner. This year's event will take place on Saturday, April 24<sup>th</sup> and Chef Craig has created an incredible four course menu with each course paired with the choice of beer used in the preparation of the dish. Four brewing companies will be present for sampling during the appetizer hour that commences at 6:30 p.m. and the first course will be served at 7:30 p.m. This is *ONE* event you don't want to miss out on!

Firstly, it's that time of year again when the days are getting longer and the first signs of spring are upon us making many thoughts turn to tees, fairways and greens. With those thoughts in mind, Monday, August 30<sup>th</sup> is

the WWC Wall of Fame Golf Day at Elmhurst Golf and Country Club. Individual golfing spots are only \$125, Birdie Sponsor (hole sponsor – non playing) for \$100, and Eagle Sponsor (hole sponsor – playing) for \$225.

Thanks to our members and guests, the Wall of Fame event in 2008 was a tremendous success enabling the athletes of yesterday and today to be honored on the Winnipeg Winter Club's Wall of Fame. If you would like to register for this year's tournament or have any questions please contact Alycia Maskiew at 452-3311 ext. 102 or email [amaskiew@winnipegwinterclub.com](mailto:amaskiew@winnipegwinterclub.com)

If *ONE* hits it right, it's a slice. If *ONE* hits it left, it's a hook. If *ONE* hits it straight, it's a miracle! Which *ONE* will you hit?

### NOTES FROM MY DESK

Please be aware that your monthly statement is available via email. As well it may be convenient to pay your monthly bill using online/telephone banking or electronic funds transfer. For details of how to use these options call Danielle at 452-3311

ext. 107 or email [driehard@winnipegwinterclub.com](mailto:driehard@winnipegwinterclub.com)

### UPCOMING EVENTS

#### THIS MONTH

April 8<sup>th</sup> - 11<sup>th</sup>

*La- Z- Boy Tennis Tournament*

April 9<sup>th</sup> - 11<sup>th</sup>

*Winnipeg City A Squash Championships*

April 13<sup>th</sup>

*Cooking with Craig - East Indian Cuisine*

April 21<sup>st</sup> - May 5<sup>th</sup>

*WWC Adult Badminton Championships*

April 24<sup>th</sup>

*Bru Ha Ha Dinner*

*Cheers,*

*Rob Guthrie*

### INSIDE THIS ISSUE:

Tennis	2
Badminton	2
Recreation	2
Fitness & Aquatics	3
Skating	3
MassageWorks	
Bru Ha Ha Menu	4

## MEMBERSHIP



Spring is a time of renewal, rebirth and regrowth.

The *Power of One* is all about regrowth and we're asking each and every *One* of you for *One* referral of someone you know who would benefit from being a member at your Club. Please email or call with your one referral and I will invite them down for a tour and to try the Club out! The challenge is on, to reach *One* hundred referrals

before our Summer Sizzler on Thursday, June 17<sup>th</sup>. when *One* of you will win the Grand Prize. A \$1000 gift certificate redeemable for WWC membership fees and/or services of your choice.

In order to qualify your referral must have a tour and if they join you will also receive a \$100 credit on your account and a pair of shower sandals as our way of saying thank you.

On that note, a big thank you goes out to Betty Wilson, Suzanne Gray, Kirk Cancilla and Joe Cyr for your *Power of One* new

member referrals in March. You have all been entered into the draw for the grand prize plus will receive a *ONE Hundred Dollar* credit to your account and a pair of shower sandals.

Bring a friend week will be held April 12<sup>th</sup> through April 18<sup>th</sup>. To have guest fees waived either email or call me directly with our guest(s) name.

Janet Thorpe  
Membership Director  
452-3311 ext. 141  
952-2247 bus. Cell  
[jthorpe@winnipegwinterclub.com](mailto:jthorpe@winnipegwinterclub.com)

### WELCOME NEW MEMBERS

Paul Nowak  
Ric and Krista Paquette  
(Mykila & Landen)  
Robin Bouchard  
Lillian Anderson  
Linda and Wayne Paquin  
Carmen Howatt  
Robert Zimolag  
Angel Koniuk and Julien  
Lavergne (Samuel)  
Helen Cheung

## TENNIS



### SPRING PROGRAMS

Junior programs will be restarting the week of April 12. There is still some time to sign up for the 10 week spring session. You may register by downloading the registration form of the programs tab on the WWC website.

### CLINICS

Restart the week of April 5<sup>th</sup>

### LEAGUES

Restart the week of April 12<sup>th</sup> (contact Lori Mann to register)

### LA-Z-BOY SENIOR TEAM TOURNAMENT AT WWC

Should be an exciting new format with lots of play throughout

the tournament. Tournament is scheduled to run, Thursday April, 8 to Sunday, April 11 on the WWC Indoor Courts. All permanent bookings will be overwritten to complete tournament matches.

Thanks in advance.

### HIGH PERFORMANCE JUNIOR TENNIS FUNDRAISER A BIG SUCCESS!

We sold 225 out of the 250 cans! Thanks to all WWC members who bought a can in support of the WWC High Performance Tennis Team! Your generosity will help the Juniors travel to a number of destinations this spring to help prepare them for winter and summer

Nationals.

The 2 prize winners were both WWC members. Here are the winners:

-The Bubble Package goes to Peter White

-The iPod package goes to Brooke Bouchard

Congratulations and thanks again for your support!

### WWC CLAIMS SPORTS STAR OF THE WEEK!

Igal Mostkov, one of WWC academy team members was the sports star of the week! Way to go Igal!

View his clip on the WWC website and the WWC Facebook

Page - not a member yet, join today!

### JUMP!!!

This is an exciting experimental site where WWC players who are looking for additional hitting partners and singles matches can look for them with ease. Sign up at: <http://juump.com/groups/wwwc-ladder-challenge> This site has lots of potential to help us stay better organized and get information out more quickly. The more that sign up the better. Have a look at the site today!

Peter Otto

Tennis Pro

452-3311 ext. 108

[potto@winnipegwinterclub.com](mailto:potto@winnipegwinterclub.com)

## BADMINTON



### TWO TITLES!

David Snider and Kristy Beettam won two titles each

at the Manitoba Senior Closed Tournament held at the Club, March 18 - 21. David won the 'A' Men's Singles and Mixed Doubles and Kristy won 'A' Women's Singles and Doubles.

Other players from the Club also finished strongly and their results are as follows:

### 'A'

*Kyle Grymonpre:* Runner-up Men's Singles

*Matt Younger & Sam Parrish:* Winner Men's Doubles

*Thoby Cameron & Jordan Beettam:* Runner-up Men's Doubles

Jordan was runner-up in Mixed Doubles with Kristy  
*Shelagh Hare & Kristy Szuminsky:* Runner-up Women's Doubles

### 'B'

*Justin Olfert:* Winner Men's Singles

*Alexa Laidlaw & Alix Younger:* Winner Women's Doubles

*Pat Chawla & Tara Chawla:* Runner-up Women's Doubles

### 'D'

*Tracy Cartwright:* Runner-up Women's Doubles

*Brian Collins:* Runner-up Mixed Doubles

Congratulations to all the players for having a great tournament.

### WORLD JUNIORS

Congratulations to Andrew Harrison who has been selected to represent Canada at the upcoming World Junior Badminton Championship in Guadalajara, Mexico from April 16 - 25. He will be competing in the individual (Bimantara Cup) and team events (Suhadinata Cup). We are very happy and excited about his selection and we wish him the best of luck.

### BADMINTON MB AWARDS

Tasia Lightly and Andrew Harrison were the recipients of special Badminton MB awards at their annual banquet held on March 20<sup>th</sup>.

Tasia was recognized for her very exemplary sportsmanship throughout the year, while Andrew received the special achievement award for winning the Canadian Junior Elite Series Tournament as well as for having been selected to represent Canada at the Pan-Am Junior Championship in Lima, Peru and the World Juniors in Guadalajara, Mexico. Congratulations for these well deserved awards.

Pal Chawla

Badminton Pro

452-3311 ext: 118

[pchawla@winnipegwinterclub.com](mailto:pchawla@winnipegwinterclub.com)

## RECREATION



### MUNCHKIN MANIA

Don't forget our Munchkin Mania Nights, Friday evenings from 6:00 - 9:00 p.m.

Bring the kids to us while you enjoy a workout or dinner. We will assist them with homework, play games, do crafts, bowl.

Email me to find out about our family passes!

### BABYSITTING HOURS

Monday - Thursday

9:00 a.m. - 6:00 p.m.

Friday 9:00 a.m. - 9:00 p.m.

Saturday 9:00 a.m. - 1:00 p.m.

\*If needing babysitting after 6:00 p.m. you must book in advance by calling the front desk\*

### CHECK OUT OUR NEW PROGRAMMING!

Check the new spring/summer

program guide for all the latest Junior programming in the recreation area!

We have exciting new fun for Juniors of all ages!

### PARTY BOOKINGS

Make sure your munchkin isn't missing out on the party of their dreams, book today! We will plan the perfect party with tons of fun activities such as swimming, badminton, skating, bowl-

ing, scavenger hunts, and much more! Contact me to book your date by phone or email.

Parties are currently being booked into April. Don't wait too long before planning your little ones special day!

Jessica Barsky

Recreation Supervisor

452-3311

[jbarsky@winnipegwinterclub.com](mailto:jbarsky@winnipegwinterclub.com)

## FITNESS & AQUATICS



**"SPRING"-ING OFF THAT DIVING BOARD AND INTO FITNESS...AND THE POOL.**

Yes the spring session has now begun and the Fitness & Aquatics areas of the Club are both full of some new exciting changes for all members. If you haven't signed up yet it's not too late to get you and your family involved in some amazing programs around the Club.

### NEW! COMPLIMENTARY FITNESS PROGRAMS AT THE WINTER CLUB

With the seasons changing we are pleased to offer some new, fun and challenging complimentary fitness classes for all members!

### COMPLIMENTARY PILATES IS BACK!

Beginning Friday, April 9<sup>th</sup> "Pilates for All" returns to the Club. This complimentary class will run each Friday from 9:30-10:30 a.m.

**Reminder:** Since Pilates is a progressive class our incredible instructor Leslie Crozier puts extra emphasis on gradual progression from week to week. Be sure to try your best and be there every week to get the most out of this class.

### NEW! COMPLIMENTARY CARDIO, ZUMBA & YOGA THURSDAYS (9:30 a.m.)

Yes you did read that correctly. We have a new 90 minute de-

luxe class that combines a great cardio workout with a thorough Yoga class all in one.

The best part about this class is you can come to the first 45, the Zumba and Cardio workout, the second 45 minutes for the Yoga or both! It's all up to you.

### COOKING WITH CRAIG ALMOST SOLD OUT!

Be sure to sign up as soon as you can as we have very few spots available for our "East Indian Cuisine" themed Cooking with Craig event on Tuesday, April 13<sup>th</sup>.

### MENU

Green Mango Chutney  
(Hare am Di Chutney)  
Lime and Ginger Pickle  
(Nimboo Adrak da Achaar)  
Basmati Rice with Jeera  
(cumin seed)  
Reshami Kebab  
(minced Chicken Kebab)  
Home made Samosa's with Pea  
and Potato  
Makahani Murgaha  
(Classic Butter chicken)  
Machi baked whole Trout  
Tandoori Style

*Take Care of yourselves and those you love and care about,*

*Jeff Mitchell*

*Fitness & Aquatics Director*

*452-3311 ext. 123*

[jmitchell@winnipegwinterclub.com](mailto:jmitchell@winnipegwinterclub.com)

## SQUASH



**TOURNAMENT**  
The Winnipeg City "A" Championships runs from April 9-

11. The tournament features 16 of the top men in the province and 8 of the top women. The men will be playing once Friday, twice Saturday and once Sunday. The women play once each day.

Every position in both events is played off, so come by and check out some of the great squash

action in the lounge over the weekend.

The Junior and Senior Squash Nationals are both taking place within the next month. Several juniors from our Club will be travelling to Calgary to compete in the Junior Nationals from April 22 - 25. A week later a number of our senior athletes will travel to Vancouver to compete in the Senior Nationals from May 5 - 8. Both events can be followed online at [www.squash.ca](http://www.squash.ca)

### JUNIOR PROGRAMS

The last week of junior programs for this session is the week of April 12. Most groups will start up again the last week of April, the 26<sup>th</sup>. Some programs, because of Nationals will start up again the week of May 10<sup>th</sup>.

### ADULT PROGRAMS

Our House and Techno league will continue to run through April and May. If you are new to the Club or to squash, come out

and give our Novice Squash Night a try. You can learn all the basics you need to get started and equipment is provided. Novice nights run each Wednesday from 6:30 - 7:15 p.m., with the exception of Wednesday April 7<sup>th</sup>, due to the qualifying matches for the "A" Championships.

*Trevor Borland*

*Squash Pro*

*452-3311 ext: 105*

[tborland@winnipegwinterclub.com](mailto:tborland@winnipegwinterclub.com)

## SKATING



**SKATING**  
Check out the program guide for lesson times on Tuesdays, Thursdays and Saturdays for the month of April and Tuesdays and Thursdays for May.

The rink shuts down May 31 for annual maintenance and we re-open June 28. Summer skating lessons are being offered in July and August on Tuesdays and Thursdays from 3:30 - 5:00 p.m. Contact me to arrange lessons with our Skating Pro's.

Congratulations to Steffany King

who competed at the Stony Mountain Competition on March 27<sup>th</sup> in the Preliminary Ladies Freeskate Group 'C' and placed second overall in her group.

### MEMBER HOCKEY

April Days and Times:  
Monday: 8:00 - 9:30 p.m.  
Thursday: 7:45 - 9:30 p.m.  
Saturday: 3:00 - 4:00 p.m.  
Sunday: 3:15 - 4:15 p.m.

*Carmina Bellisario*

*Facilities Coordinator*

*452-3311 ext: 114*

[cbellisario@winnipegwinterclub.com](mailto:cbellisario@winnipegwinterclub.com)

### MASSAGEWORKS

Spring is upon us and with that begins a sense of renewal and change. This means spring cleaning for a lot of us. This also means a lot of long hours spent tackling dust bunnies, cleaning windows and what not. After a long day (or a week) of work, pat yourselves on the back and reward yourselves. Go ahead and have that refreshing drink, raise it to a job well done. But if you need a little bit more of a reward, stroll on down to the WWC for

a massage! What better way to reward yourselves!

The season change has also brought us beautiful weather. Many of you have brought out the bikes, or want to resume walking or running outside. Stay on track and chase away those sore muscles with us here at MassageWorks! We'll keep you loose and limber for those long walks or bike rides.

*Cheers,*

*Larisa & John*

# Bru Ha Ha

Saturday, April 24<sup>th</sup>

**6:30pm Pre reception with Beer Samples & Chefs Selection of Passed Hors d'oeuvres and Canapés**

Passed Sweet Red Onion with sour cream marinated Prawns

Shucked oysters for Beer Foam

Sautéed Mussel's with Leeks, garlic Onions and Beer reduction Flambé

## 7:30 Dinner Menu

### *Starter Course*

Truffled Pea Puree topped with Crispy Smoked Pork Belly Topped with Pineapple Red Pepper Beer Compote finished with Red Pepper Chili Oil

**Carlsberg Lager Beer**

### *Appetizer Course*

Bacon Leeks Beer Garden Green Pea soup with poached Egg

And duck leg confit crumble

**Sleeman Cream Ale**

### *Entrée Course*

Trio of Sliced Roasted Beef Tenderloin, Home Made Italian Beer Sausage, Rosemary Lamb Chop finished with Beer Onion Sauce and Horse Radish Mayo

Manitoba Baby potatoes with dill butter

Garden Veggies with Tarragon beer butter

**Tyskie Beer**

### *Dessert*

Warm Candied Apple and Peach in beer butter finished with apple beer Caramel Sauce

Garnished with Seasonal Berry's and Orange Whip Cream

**Weizen Heimer Beer**

Each dish is served with the beer that was used in the preparation of the dish

\$63.00 per person ++

*Music by Russell Lee*

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