



Junior Lounge

WINTER 2012

JANUARY - MARCH

Facilities Coordinator: Jessica Barsky jbarsky@winnipegwinterclub.com or call ext. 114

CHILD CARE

Child Care is available for children aged 6 weeks to 6 years old whose parents are on the Winnipeg Winter Club premises.

Hours of Operation:

Monday-Thursday 9:00 am-6:00 pm
Friday 9:00 am-9:00 pm
(in conjunction with Munchkin Mania and Friday Night Dinner at the Wint.)
Saturday 9:00 am-1:00 pm
Hours are subject to change

Cost: \$4.75 per child/hour
\$2.50 per child/hour for additional children in the family.

Please note that guests of the Club members may also employ babysitting services for \$4.75 per child/hour. Extended child care available by request. Please contract Jessica to get more information.

Babysitting Monthly Passes Available!

Enjoy the Club often while knowing your child is taken care of in our babysitting centre!

The Club is now offering unlimited childcare with our monthly pass within babysitting hours!

Pass Rates: \$30/ month single child
\$40/ month 2 children
\$5 per month for each additional child on the pass.

Regulations: In accordance with the Manitoba Community Child Day Care Standards Act, no more than 8 children can be supervised in the center at one time. Please book ahead at the switchboard to avoid disappointment. Please bring labeled bottles, soothers, diapers, wipes and a change of clothing for infants. If your child is toilet training please bring a change of clothing. Babysitting services are intended only for children whose parents are on the WWC premises. Please do not leave your children unattended.

TOT PROGRAMS (Age 3-6)

KRAFTY KORNER

From painting to sculpting or gluing to glittering. Kids will be introduced to a new craft project each week.

When: Tuesday 6:00-6:30 pm
Session: January 17th-March 20th, 2012
Cost: \$75 (10 Classes)

SILLY STRETCH

Encourages kids to be active and work on flexibility while engaging in a social environment. Runs in conjunction with Jackie Dobie's Circuit Fitness Class on Mondays.

When: Monday 9:30-10:00 am
Session: January 9th-March 19th, 2012
No Class Monday, February 20th, 2012
Cost: \$70 (10 Classes)

JUNIOR LOUNGE PROGRAMS

The Junior Lounge is an area designed for children too old for babysitting, but too young to be unsupervised while parents are exercising or dining. Fun after-school and weekend activities include games, crafts, sports, homework help and more. Ask at the front desk for more details about the various weekly themes. This program is for children 4 - 12 years of age.

When: Monday - Friday 4:00 - 7:00 pm
Saturdays 9:00 am - 1:00 pm

Family Month Pass

Includes up to 4 siblings (excludes Munchkin Mania) or you can still take advantage of the drop-in service at \$5 per child/per visit.

Cost: \$50

Please register for these passes by the first Tuesday of every month by emailing Jessica.

***Need extended Hours?**

Do you need extended child care hours for a tournament or WWC event? Email or call Jessica with details to arrange for this.

MUNCHKIN PROGRAMS (Age 7-11)

ART HOUR

From oil painting to sculpting or gluing to water colours. Kids will be introduced to a new craft project each week.

When: Saturday 1:00-2:00 pm
Session: January 14th-March 17th, 2012
Cost: \$75 (10 Classes)

CONFECTIONARY CREATIONS

Kids will make their very own candy and chocolates to keep for themselves or give away just in time for Valentine's Day.

When: Sunday, February 12th, 2012
1:00-2:00 pm
Cost: \$12

BIRTHDAY PARTIES

Let our Junior Lounge staff organize the party of your dreams. You can choose from a variety of party themes and activities.

Basic Party Package is \$140, which includes 3 hours of supervision for up to 12 kids.

Parties can be hosted on Saturdays or Sundays.
Contact Jessica at 452-3311 or jbarsky@winnipegwinterclub.com

Pick up Birthday Party Packages at the Front Desk or on our website!



BOWLING

Our four lane bowling center is free to members during regular Club hours. Indoor running shoes are required in the bowling center. The center may be reserved ahead of time for special occasions such as birthday parties. All functions need to be booked in advance. Glow bowling is also available, please contact Jessica for more info and to book the bowling center.

MUNCHKIN MANIA

Munchkin Mania is our 'Friday Night Party' in the Junior Lounge. Join us for events like mini-Olympics, scavenger hunts, bowling and more. Dinner will be served at approximately 6:45 p.m. Munchkin Mania is for children 4-12 years of age.

When: Friday nights from 6:00-9:00 p.m.
(in conjunction with Friday Night Dinner at the Wint)

Cost: \$12 (pre-registered at the front desk by Thursday, 8:00 p.m.) or \$14 for drop-in

This is a popular evening, make sure to register to guarantee your child has a spot!

Please see the WWC website or the front desk for a listing of weekly events. (subject to change)

TEEN PROGRAMS (Age 12-16)

TEEN COOKING

Sharpen your cooking skills or just learn the basics. We will make some classics and experiment with some mouthwatering temptations. Sign up with Jessica to take part in these fun nights.

When: Wednesday 6:00-7:30 pm
Session: January 25th, 2012
Theme: Winter Warmth

When: Thursday 6:00-7:30 pm
Session: March 1st, 2012
Theme: Spring Fever- Light and Tasty

Cost: \$12

TEEN PROGRAMS (Age 12-16)

TEEN CAKE DECORATING

Learn how to decorate your very own cakes! Jessica will instruct you through how to bake your cakes, how to make your icing and how to make it all come together! Beginner-intermediate levels. All participants decorate their own cake project and can learn new skills based on their progress at each new session!

Class 1

When: Saturday 10:30 - 12:00 pm
Session: February 11th, 2012
Cost: \$12

Class 2

When: Sunday 12:00-1:30 pm
Session: March 11th, 2012
Cost: \$12



TEEN YOGA

Are you looking for a workout program that's easy to learn, requires little or no equipment, and soothes your soul while toning your body? If strengthening your cardiovascular system, toning and stretching your muscles, and improving your mental fitness are on your to-do list, get registered for this great program.

Although yoga includes physical exercise it is also a lifestyle practice for which exercise is just one component. Training your mind, body, and breath, as well as connecting with your spirituality, are the main goals of the yoga lifestyle.

When: Monday 5:00-6:00 pm
Session: January 9th-March 19th, 2012 (10 Classes)
No Class Monday, February 20, 2012
Cost: \$120

Note: Dress comfortably for your first yoga session in clothing that allows you to move your body fully. Stretchy shorts or pants and a T-shirt or tank top are best. Yoga is practiced barefoot, so you don't have to worry about special shoes.