

# URBAN PRAIRIE CUISINE BISTRO

## APPY'S & SNACKS

Chicken Wings \$9.75

One full pound hot & fresh Wings, choose from Sweet & Spicy,  
Honey Garlic, Lemon Pepper & Thai

Sautéed Fresh Mussel's \$10.25

Served in Yellow Thai Curry Saffron Sauce

Manitoba Pickerel Bruschetta \$4.75 small \$7.25 large

Thai Chicken Quesadilla \$8.75

With Monterey Jack Cheese & Veggies, served with Salsa & Sour Cream

Grilled Veggie Quesadilla \$8.75

With Monterey Jack & Feta Cheese, served with Salsa & Sour Cream

Classic Nacho's \$10.25

Baked with loads of Cheese, Tomatoes, Green Onions & Jalapeño

Add: Diced Chicken or Seasoned Beef \$3.50

Bowl of Guacamole \$3.50

Trio of Mini Burgers \$9.25

Served three fun styles: Lettuce, Tomato, Pickle & Cheddar,  
Blue Cheese & BBQ and Chili Burger

Team Platter \$21.00

Spicy Chicken Flings, Breaded Shrimp, Jalapeño stuffed with Crab & Cream Cheese,  
Chicken Wings & Tortilla Chips with Sour Cream & Salsa

## SALADS

Caesar Salad \$4 .75 small \$6 .45 large

Greek Salad \$4 .75 small \$6 .45 large

Strawberry & Mandarin Salad \$4 .75 small \$6 .45 large

Organic Greens & Veggie Salad \$4 .25 small \$5 .75 large  
Julienne of Carrot and Snap Peas with Truffle Vinaigrette

Organic Greens & Sausage Salad \$4 .75 small \$6 .50 large  
With Parmesan, Peaches, Sliced Chorizo Sausage, Chive Oil & Balsamic Reduction

Salpicon Chilean Salad \$5 .25 small \$8 .50 large  
A bed of Greens topped with Avocado, Seasoned Beef & Radishes

Chinese Cabbage Salad \$3 .95 small

## FLATBREAD PIZZA

Individual fresh baked Pizza on traditional style Flatbreads

Beef Tenderloin \$11 .95  
Topped with sliced Tenderloin, Caramelized Red Onions, Truffled Cheese  
and Portabella Mushroom

Chicken Clubhouse \$11 .95  
Diced Chicken Breast, crumbled Bacon & Provolone Cheese

Grilled Veggies & Feta Cheese \$11 .95

# SANDWICHES & BURGERS

Chilean Flank Steak Sandwich \$12 .95

Deliciously marinated, shaved thin & served warm on a toasted Baquette topped with grated Parmesan Cheese

New York Steak Sandwich \$14 .95

Served on Garlic Bread and topped with Mushroom Gravy

California Burger \$10 .95

Topped with Avocado, Tomato, Roasted Red Pepper and Red Onion

Bison Burger \$9 .25

Topped with Mushrooms and Cheddar Cheese

6oz All Beef Burger \$7 .75

With Lettuce, Tomato, Pickles & Onions

Crispy Chicken Caesar Wrap \$8 .50

Wrapped with House Made Dressing, Lettuce & Tomatoes

All Beef Burrito \$8 .95

Filled with seasoned Beef served with Guacamole, Black Bean Salsa, Sour Cream & Salsa served on the side

Asian Style Chicken Stir Fry Wrap \$8 .50

All choices come with a choice of Fries, Sweet Potato Fries, Caesar Salad, Tossed Salad or Chinese Cabbage Salad

Two Rashers Bacon \$1 .45

Add Bothwell Cheddar Cheese \$1 .25

Add Sautéed Mushrooms \$2 .00

Add Sliced Avocado \$2 .25

## PASTA

Manitoba Wild Mushroom Ravioli    \$\$11 .95

Fresh Pasta stuffed with Mushrooms, served in a Wild Mushroom & Porcini Sauce,  
finished with Granna Padano

Ricotta & Spinach Ravioli    \$11 .25

Served in Basil Bacon Anchovy Cream Sauce topped with Granna Padano

Cheese Tortellini    \$10 .75

In smoked Roma Tomato Sauce with Blue Cheese & Granna Padano

Add Julienne of Grilled Chicken    \$3 .25

## SPECIALS

Soup of the Day    \$2 .50 cup    \$2 .95 bowl

Chef Craig's Beef Medallions    \$14 .50

Tender Beef Medallions served with Creamy Dijon Chanterelle Sauce.  
Chef's Vegetable and Potato

Daily Special

Please ask your server

Prices do not include taxes