

# Recreation, Child Care, & JR Lounge

Recreation Supervisor: **Jessica Barsky** [jbarsky@winnipegwinterclub.com](mailto:jbarsky@winnipegwinterclub.com)

## TOT PROGRAMS

### PARACHUTE PARTY

Playing with a big parachute benefits children in many ways; aside from the fun of playing with an out-of-the-norm item, parachute play encourages cooperation and reinforces turn-taking and sharing skills. Using the parachute also helps to strengthen large muscles in the arms and shoulders. As children work together, they can develop their sense of rhythm while they move the nylon up and down.

During class we will take part in many fun skill building games such as Cat and Mouse, Air Bubbles, Carousel and many more!

When: Saturdays 10:00 - 11:00 a.m.  
Session: September 18 - December 4, 2010 (12 weeks)  
Cost: \$100 or \$10 drop-in  
Ages: 3 - 6



### TUMBLE TOTS

Our program aids in the physical well-being of children, of all shapes sizes and levels of ability to find a way to express themselves. By attending Tumble Tots your children will learn to follow instructions and to focus, as well as develop the skills of socialization. Physically, they become better co-ordinated, maintain their inherent flexibility and gain strength. All of these facets lead to:

- Self Confidence
- Improved Academic Performance
- Positive Attitude
- Greater Self-Esteem

When: Mondays 9:30 - 10:30 a.m.  
Session: September 13 - November 29, 2010  
Cost: \$100 (12 classes)  
Ages: 3 - 5

### BIRTHDAY PARTIES

Let our Junior Lounge staff organize the party of your dreams. You can choose from a variety of party themes and activities.

Basic Party Package is \$140, which includes 3 hours of supervision for up to 12 kids.

Parties can be hosted on Saturdays or Sundays.  
Contact Jessica at 452-3311 or [jbarsky@winnipegwinterclub.com](mailto:jbarsky@winnipegwinterclub.com)

Pick up Birthday Party Packages at the Front Desk or on our website!

## CHILD CARE

Child Care is available for children aged 6 weeks to 6 years old whose parents are on the Winnipeg Winter Club premises.

### Hours of Operation:

Monday - Thursday	9:00 a.m. - 6:00 p.m.
Friday	9:00 a.m. - 9:00 p.m. (in conjunction with Munchkin Mania and Friday Night Dinner at the Wint)
Saturday	9:00 a.m. - 1:00 p.m.
Hours are subject to change	
Cost:	\$4.75 per child/hour \$2.50 per child/hour for additional children in the family

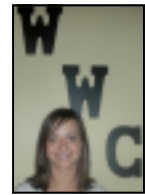
Please note that guests of the Club members may also employ babysitting services for \$4.75 per child/hour.

Regulations: In accordance with the Manitoba Community Child Day Care Standards Act, no more than 8 children can be supervised in the center at one time. Please book ahead at the switchboard to avoid disappointment. Please bring labeled bottles, soothers, diapers, wipes and a change of clothing for infants. If your child is toilet training please bring a change of clothing. Babysitting services are intended only for children whose parents are on the WWC premises. Please do not leave your children unattended

## BOWLING

Our four lane bowling center is free to members during regular Club hours. Indoor running shoes are required in the bowling center. The center may be reserved ahead of time for special occasions such as birthday parties. All functions need to be booked through Jessica. Glow bowling is also available, please ask Front Desk for details.

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## JUNIOR LOUNGE PROGRAMS

The Junior Lounge is an area designed for children too old for babysitting, but too young to be unsupervised while parents are exercising or dining. Fun after-school and weekend activities include games, crafts, sports, homework help and more. Ask at the front desk for more details about the various weekly themes. This program is for children 4 - 12 years of age.

When: Monday - Friday 4:00 - 7:00 p.m.  
Saturdays 9:00 - 1:00 p.m.

### Family Month Pass

Includes up to 4 siblings (excludes Munchkin Mania) or you can still take advantage of the drop-in service at \$5 per child/per visit.

Cost: \$40

Please register for these passes by the first Tuesday of every month by emailing Jessica Barsky.

## MUNCHKIN MANIA

Munchkin Mania is our 'Friday Night Party' in the Junior Lounge. Join us for events like mini-Olympics, scavenger hunts, bowling and more. Dinner will be served at approximately 6:45 p.m. Munchkin Mania is for children 4-12 years of age.

When: Friday nights from 6:00 - 9:00 p.m.  
(in conjunction with Friday Night  
Dinner at the Wint)

Cost: \$12 (pre-registered at the front desk by  
Thursday, 8:00 p.m.) or \$14 for drop-in

*Please see the WWC website or the front desk for a listing of weekly events. (subject to change)*

## TEEN PROGRAMS

### TEEN COOKING NIGHTS

Sharpen your cooking skills or just learn the basics. We will make some classics and experiment with some mouthwatering temptations. Sign up with Jessica to take part in these fun nights.

When: Tuesday 6:30 - 8:00 p.m.  
Session: October 19, 2010  
Cost: \$10/per junior  
Ages: 12 - 16

### JUNIOR CAKE DECORATION

Learn how to decorate your very own zany cakes! Jessica will instruct you through the basics of how to bake your cakes, how to make your icing and how to make it all come together!

When: Thursday 6:30 - 8:00 p.m.  
Session: November 18, 2010  
Cost: \$12/per junior  
Ages: 12 - 16



### TEEN MOVIE NIGHT

For our teens, we will hold two movie nights this session featuring a brand new release each night. Get a spot through the front desk and meet your friends at the WWC for popcorn, a drink and a movie.

When: 7:00 p.m.  
Where: Boardroom  
Session: September 24 & November 5, 2010  
Cost: \$10  
Ages: 12 - 16