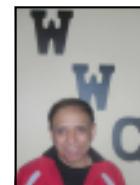


Badminton



Head Professional: Pal Chawla pchawla@winnipegwinterclub.com or call ext. 118

Assistants: Anil Kaul, Janet Harrison, Tasia Lightly, Justin Friesen & David Snider

ADULT PROGRAMS

LADIES' REC DOUBLES LESSONS/ROUND ROBIN

This program is for women who are starting to play or who are interested in playing recreational Badminton. This is a fun way to learn and improve your game. To participate call Pal by noon on the day of play and be ready to play at 1:30 p.m. The first 30 minutes will be lesson time followed by a few games of doubles.

When: Tuesdays 1:30 - 3:00 p.m.
Session: September 21 - December 14, 2010
Cost: \$5/player (only when lesson sessions are held)

CO-ED DOUBLES ROUND ROBIN

Come for an excellent evening of "B", "C" & "D" level (Men) and "A", "B", & "C" level (Women) play. Players are to register with Pal by 2:30 p.m. every Tuesday. Format is by level of play. A minimum of 4 players must be available at any particular level to play.

When: Tuesdays 7:30 - 9:00 p.m.
Session: September 21 - December 14, 2010
Cost: Cost of Shuttles (pro-rated)

MIXED DOUBLES ROUND ROBIN

This is the most popular activity in the badminton section, nicknamed the "hit & giggle" night. Players are to register with Pal by 2:30 p.m. every Wednesday. If you have not come out to this evening and are looking for something fun & social you owe it to yourself to try mixed doubles. You don't even have to come as a couple! The level of play is intermediate-advanced.

When: Wednesdays 7:30 - 9:30 p.m.
Session: This is a year round activity!
Cost: Cost of Shuttles (pro-rated)

CO-ED REC/BEGINNER PLAYERS ROUND ROBIN

This program is for recreational and beginner players to come together as a group and have fun playing singles, doubles, and mixed doubles. To play, register in the badminton lounge by 1:20 p.m.

When: Sundays 1:30 - 3:00 p.m.
Session: September 26 - December 12, 2010
Cost: Cost of Shuttles (pro-rated)

CO-ED - INTERMEDIATE/ADVANCED PLAYERS

This is a great drop-in program for intermediate and advanced players! Players mix and match and play a few games of singles, doubles, and mixed doubles. Register in the badminton lounge by 1:20 p.m.

When: Sundays 1:30 - 3:00 p.m.
Session: September 26 - December 12, 2010
Cost: Cost of Shuttles (pro-rated)

NOON HOUR BUSINESS PEOPLE

This program is for players who are interested in playing during their lunch hour Monday - Friday. Please register by calling Pal by September 24, 2010.

Play will be organized for lunch time players.

When: Monday - Friday 12:00 - 1:00 p.m.
Session: October - December, 2010
Cost: Please use your own Shuttles

MEN/WOMEN SINGLES LADDER

Any male or female players interested in signing up for the singles ladder please call Pal by September 26, 2010. The players will be grouped according to their level of play. Each session will be four weeks in duration, during which one will have to play 4-5 matches and will have to arrange their own games. Based on the results, players will be moved up or down every four weeks. There will be two sessions October and November 2010.

THEME NIGHT

The Badminton Social Committee features a theme night combining socializing and badminton every 6-8 weeks. This is always an exciting evening so watch the bulletin board for feature nights!

ADULT CLINICS

WELCOME REC/BEGINNER PLAYERS!

COMPLIMENTARY EVALUATION & LESSON CLINIC

All new recreational players are invited to take advantage of 4 organized group lessons, offered free of charge to learn the basics and rules of the game. At the end of this 4 week session you will be placed in the activities to suit your level of play or you can continue in the round robin on the same day with the group of players you took lessons with. To register fill out the registration form or call Pal.

When: Tuesdays 8:00 - 9:00 p.m.
Session: September 28, October 5, 12 & 19, 2010
Cost: FREE

LADIES GROUP LESSONS - BEGINNER/INTERMEDIATE

Any ladies who are interested in group lessons please register by filling out the registration form or by calling Pal by September 17, 2010. There will be 6-one hour lessons.

When: Tuesdays, Wednesdays or Thursdays
10:00 - 11:00 a.m.

Cost: \$54 (minimum of 4 people)
Session starts: Week of October 4, 2010



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JUNIOR PROGRAMS

Each session of Junior Group Lessons consists of 12 lessons (2 lessons/week) over a six-week period. For more consistent and speedy improvements, it is recommended that Juniors try to enrol under this format rather than having one lesson per week.

PEE WEE - HAND & EYE CO-ORDINATION & BADMINTON

Target Age: 4 - 6 year olds
 When: Saturdays 10:45 - 11:30 a.m.
 Session: September 25 - December 11, 2010
 Cost: \$100/player (10 classes)

BEGINNER/LEVEL 1

When: Wednesdays 4:30 - 5:30 p.m.
 Saturdays 10:00 - 11:00 a.m.
 Session 1: September 22 - November 3, 2010
 Session 2: November 6 - December 18, 2010
 Cost: \$118 (12 classes/each session)

LEVEL 2

When: Wednesdays 5:30 - 6:30 p.m.
 Saturdays 10:30 - 11:30 a.m.
 Session 1: September 22 - November 3, 2010
 Session 2: November 6 - December 18, 2010
 Cost: \$118 (12 classes/each session)

LEVEL 3

When: Wednesdays 6:30 - 7:15 p.m.
 Saturdays 11:30 a.m. - 12:15 p.m.
 Session 1: September 22 - November 3, 2010
 Session 2: November 6 - December 18, 2010
 Cost: \$118 (12 classes/each session)

NOTE: Group lessons cost is based on minimum of participants in the class. In the case of decreased numbers the cost will increase accordingly.

JUNIOR COMPETITIVE *A* CLINIC

This clinic is for juniors who have progressed to an advanced level and are keen about playing competitive badminton. The clinics are well structured with a strong emphasis on learning higher skills, strategy, fitness training, hard work, proper focus, regular attendance, keen desire and the right attitude.

When: Tuesdays 5:30 - 7:30 p.m.
 Thursdays 6:30 - 8:30 p.m.
 Session: September 7 - December 16, 2010
 Cost: \$88/month (cost of Shuttles extra)

JUNIOR COMPETITIVE *B* CLINIC

When: Thursdays 5:00 - 6:30 p.m.
 Saturdays 11:45 a.m. - 1:15 p.m.
 Session: September 9 - December 11, 2010
 Cost: \$88/month (cost of Shuttles extra)

JUNIOR COMPETITIVE *A & B* LADDER

When: Saturdays 1:30 - 3:30 p.m.
 Session: September 25 - December 18, 2010

PRIVATE AND SEMI-PRIVATE LESSONS FOR JUNIORS AND ADULTS

1 player	\$16.50/30	minutes
	\$33/60	minutes
2 in a group	\$20/30	minutes
	\$40/60	minutes
3 in a group	\$24/30	minutes
	\$48/60	minutes
4 in a group	\$28/30	minutes
	\$52/60	minutes